THE ANN ARBOR GREEN GUIDE

A student guide to to sustainable purchasing power.



Mission

Ann Arbor's Green Guide will bridge sustainable local businesses with resident buyers. With our free guide, Ann Arbor citizens will have access to more options so they are able to buy everyday items locally and sustainably.

GREEN GUIDE

Vision

We hope that in the future this will allow the Ann Arbor community to support itself, and that our guide will help consumers stop purchasing goods from large corporations that are responsible for harmful carbon emissions.



TABLE OF CONTENTS

Fresh Foods	and Produce	4
-------------	-------------	---

Clothing and Accesories 9

Home Goods 7

Arts and Crafts 11

Special Thanks 13

About the Authors 14



FRESH FOODS AND PRODUCE

We care about the local agricultural community and want to provide you with the best locally grown and sourced food and produce options in the Ann Arbor area. Take more steps toward healthy and eco-friendly eating habits!

People's Food Co-Op

216 N. Fourth Avenue
Ann Arbor, MI 48104-1404
(734) 994-9174
peoplesfood.coop/about/contact-location/

The People's Food Co-Op is an organization that has been serving the Ann Arbor community since 1971. Their mission is to provide high-quality-local food and goods to Ann Arbor residents at fair prices, and a percent of their profit goes to local programs that support education and sustainable living. Buy your next round of groceries from PFC to better not only your own life, but those in your community!

Plum Market

West, 375 North Maple Rd., Ann Arbor, MI 48103 (734)-827-5000 shop.plummarket.com/anw#/

The Plum Market is a local grocer committed to providing Ann Arbor with natural, local, organic, and niche food items — be it through pick up or delivery. Their store even advertizes the miles-to-market; that is, they tell you exactly how far the food you are about to purchase has traveled to the store. Shop Plum if you want to "Think local, Eat local, and Shop local"!

The Produce Station

1629 South State Street Ann Arbor, MI 48104 (734) 663.7848 www.producestation.com

The Produce Station is not only a sustainable shop, but they also can provide you with excellent catering services, meal plans, and local beer! Within the store, they have a hot and cold food bar, bakery, and a huge assortment of wines and beverages that are sure to impress any palette. With over 40 years of experience selling the finest produce and products, the Produce Station is certainly a fantastic place to fulfill any culinary needs.

Argus Farm Stop

325 W Liberty S Ann Arbor, MI 48103 or 1200 Packard St Ann Arbor, MI 48104 (734) 213-2200

www.argusfarmstop.com/hours-locations

Argus Farm Stop provides a location where small local farms can sell locally-grown produce to customers year round while customers gain the opportunity to support the local economy. Most of the produce at Argus Farm Stop is picked the morning it is delivered so your food is always as fresh as possible.

Ann Arbor Farmers Market

315 Detroit St. Ann Arbor, 48104 734-794-6255

www.a2gov.org/departments/Parks-Recreation/parks-places/farmers-market/pages/default.aspx

The Ann Arbor farmers market provides farmfresh produce to our local community every week. The large number of businesses in attendance provide goods such as native plants, artisanal yogurt, cheese and baked goods, fresh-picked vegetables, slow-roasted coffee beans, cut flowers, hardwood cutting boards and planters, premier Michigan fruits and nuts, maple syrup and a wide variety of other fresh goods.

Arbor Farms Market

2103 W Stadium Blvd Ann Arbor, MI 48103 (734) 996-8111 www.arborfarms.com

Take it from Arbor Farms Market themselves — they're only here to offer local meats, produce, and beverages sourced from Michigan! Head to Arbor Farms Market for locally sourced products, wine, beer, beef, and deli foods; this Ann Arbor staple since 1979 surely will not disappoint.

Cobblestone Farm Market

2781 Packard St Ann Arbor, MI 48108 (734) 478-4772 (May - November, Tuesday 4-7) www.facebook.com/CobblestoneFarmMarket/

The Cobblestone Farm Market is a pop up market that runs seasonally from May to October. Each Tuesday evening, local farmers and business owners join together to serve up fresh produce, home cooked meals, live music, and loads of fun. Make sure to check it out while it's in season; your wallet and stomach will thank you!

By The Pound

1952 S Industrial Hwy Ste C & D Ann Arbor, MI 48104 (734) 665-8884 www.facebook.com/bythelb/

If you are ever in need of purchasing "By the Pound", this is your place to be! Offering a huge variety of locally sourced bulk spices, grains, and other goods, By the Pound is your one stop shop for any staple food. Though the bags might be heavy, the impact on the environment and your wallet will be light!

Busch's Fresh Food Market

2020 Green Rd Ann Arbor, MI 48105 or 2240 S. Main St.,Ann Arbor, MI, 48103 (734) 994-7200 or (734) 998-2666 www.buschs.com

Busch's is a hometown local food market that carefully selects their products for their exceptional taste and quality ingredients. The products they sell include fresh baked goods from their local kitchen, specialty gourmet foods and farm to table produce, and everyday staples.





CLOTHING & ACCESORIES

Start every day knowing that the clothing you put on your body is sustainably produced or has been thrifted from Ann Arbor's many nonprofits and small clothing stores. Thrifting is in! You can be fashionable and save tons of perfectly wearable clothes from ending their life-cycle too early.

JOOB Activewear

5007 West Jackson Suite A, Ann Arbor, MI 48103 734-277-2510 www.joobwear.com

A company based in Ann Arbor that produces sustainable clothing with fair trade initiatives. JOOB activeware also has a strong sense of environmental awareness and has developed 6 sustainable goals for the company including carbon, plastic, and waste reduction.

Maggie's Organics

Online Store
Products found at Peoples Food Co-Op and local Whole
Foods
(734) 482-4000
maggiesorganics.com

Maggie's Organics produces socks, scarves and apparel, modelling their business on full transparency, a rich heritage, true sustainability and a fair trade promise.

Ten Thousand Villages

303 S. Main Ann Arbor, MI 48104 (734) 332-1270

www.tenthousandvillages.com/annarbor

One of the oldest fair-trade retailers of artisan-crafted home decor, personal accessories, clothing, and gift items sourced from countries world wide. Ten Thousand Villages also hosts a volunteer club focusing on promoting fair trade you can join.

The Getup Vintage

215 S State St Ann Arbor, MI 48104 (734) 327-4300 www.getupvintage.com

The Getup Vintage provides environmentally conscious vintage fashion and pledges to limit textile waste by the "reduce, reuse, and recycle" motto for all of their acquired and donated items.

Ann Arbor PTO Thrift

2280 S. Industrial Hwy. Ann Arbor, MI 48104 (734) 996-9155 www.a2ptothriftshop.org

Ann Arbor PTO Thrift is a non-profit thrift store that promotes Ann Arbor Public Schools', parent teacher organizations, and student activities. The shop, run entirely by local volunteers, uses its profits from the sale of donated clothing items to support local education and student organizations.

Ann Arbor Thrift Shop

3500 Suite K Washtenaw Ave. Ann Arbor, MI 48104
www.annarborthriftshop.org/index.html

Ann Arbor Thrift Shop is a non-profit organization that provides emergency social service aid to those in need through the sale of donated gently used clothing, housewares and other items. Each month they accept, sort, price and sell thousands of donated goods in their retail shop each month from the help of volunteers.

Kiwanis Thrift Store

100 N Staebler Rd Ann Arbor, MI 48103 (734) 665-0450 kiwanissale.com

Staffed by Ann Arbor members and volunteers, Kiwanis provides a range of thrifted items from antique goods to books and music .A percentage of every purchase is donated to The Kiwanis Club of Ann Arbor Foundation, Inc.

Habitat for Humanity Restore

6241 Jackson Rd Ann Arbor, MI 48103 (734) 276-0599 www.h4h.org/restore

This organization accepts donations to keep reusable items out of landfills and provide funding to Habitat for Humanity of Huron Valley programs and provides a wide variety of thriftable items. It also has opportunities for volunteer work with the organizations.



HOME GOODS

These shops are sure to make your home more eco-friendly and sustainable in almost every way possible — from furniture, kitchenware, and even your gardens. Reduce, reuse and recycle in your process of beautifying your home!

Downtown Home and Garden

210 S. Ashley St, Ann Arbor, Michigan 48104 (734) 662-8122 www.downtownhomeandgarden.com/#home-top

Downtown Home & Garden is a century-old retailer of garden supplies, plants for your house, classic housewares, durable outdoor clothing, quality dog gear and unique kitchenware. They focus on filtering out poorly made or useless items over time with a focus on product longevity and value.

Arhaus

3010 Washtenaw Ave #101 Ann Arbor, MI 48104 (734) 477-0288 www.arhaus.com

Arhaus provides unique, high quality, and well designed home furnishings with a focus on sustainability. Their unique, yet functional pieces are made from recycled natural resources such as copper and tree roots while pledging to never use materials from endangered rainforests.

BgreenToday 2111 Packard St Ann Arbor, MI 48104

www.bgreentoday.com

Bgreen Today offers a variety of compostable, biodegradable, and eco-friendly commercial products including cups, containers, utensils cleaning products. They also supply household building materials such as flooring, toilets, and paint. Bgreen is split into two sides: one that is dedicated to wholesale restaurant supplies, and the other dedicated to retail building supplies, both containing products that are biodegradable or reduce emissions.





Bring out your inner creativity and spice up your homes by supporting Ann Arbor's local artists! All art pieces and decorations are locally sourced and produced or are made using sustainable practices and hand crafted techniques.

Sunday Artisan Market

315 Detroit Street Ann Arbor, Michigan 48104 (734) 913-9622 sundayartisanmarket.org

The Sunday Artisan market showcases affordable handmade work by over 30 artists and fine crafts persons from the Ann Arbor Area. Visitors have the ability to support community artists while meeting with them directly to learn about their creative processes.

FOUND

415 N. Fifth Avenue Ann Arbor, MI 48104 (734) 302-3060 foundgallery.com

Found is a shop that showcases art, jewelry, gifts, and home decor that features local artists who specialize in using found and recycled materials. By searching trade shows, artisans markets, auctions and estate sales, Found's team promises an eclectic selection of goods that are constantly changing.

SCRAP Creative Reuse

4567 Washtenaw Ave Ann Arbor, MI 48108 (734) 800-4137 annarbor.scrapcreativereuse.org

SCRAP Creative Reuse is a non-profit organization that recycles (or upcycles) old goods and products with a touch of creativity to give these products a new purpose. These items are then resold to the public for a bargain or donated to teachers, organizations or other groups for further reuse.



THANK YOU!

The Green Guide would like to thank Dr. Fretz for teaching quality content that led to the Green Guide's creation, and Matthew Bernath for his guidance. Thank you also to the campus groups and comitees who helped to get the word out about the Green Guide. Thank you to the companies in Ann Arbor that are striving to be green, and most importantly thank you to our readers. With your help we can shrink Ann Arbor's carbon footprint, and make Maize + Blue, Green!

ENTER TO WIN

A PLUM MARKET GIFT CARD



We would greatly appreciate your feedback on the Green Guide! Please take this brief survey (through the QR code) to let us know what you liked / learned / what we could do better.

GREEN GUIDE: 13

ABOUT THE TEAM

Lily Nazarian



Lily is a Psychology major double minoring in Entrepreneurship and Law, Justice, and Social change. As a global citizen she strives to lead life through advocacy and social involvement. Having organized a regional Model United Nations conference about sustainability, she feels that this guide is a continuation of her efforts to emphasize the utmost importance of environmental consciousness. She has taken great pride and has been honored to have led a project that strives to encourage Ann Arbor residents to be more eco-friendly!

Charlotte Albunio

Charlotte is a senior majoring in physics and the Green Guide's graphic designer. She has done prior research on clean resources for energy production with the Department of Energy. This research inspired the creation of Green Guide as a way for every student to engage in supporting businesses that support our planet. She is proud to be a member of the Green Guide and values easy accessibility to information regarding sustainable living.



Jonathan Fogel

Jonathan is an Economics major also pursuing a minor in entrepreneurship. Last summer, to gain experience with the finance of sustainability, he worked with a company that produces biodegradable paper/plastic goods to help them vertically integrate their production. Jonathan looks forward to being a part of this great team to learn more about sustainability and to provide Ann Arbor with a resource that promotes sustainability.

Julia Wolf

Julia is a senior majoring in English and specializing in Entrepreneurship, and she was the head editor for our Green Guide. With a strong passion for communicating, Julia is glad that more information about sustainability will be accessible to the Ann Arbor community. Julia hopes that this guide will help people find small ways to be good to themselves and the environment, and she is so thankful to have been part of this team.

